

# More Information

This course is designed to be an interactive workshop that enables participants to discuss issues they are concerned about, or may have encountered, when caring for a client/resident at end of life.

The course facilitators and guest presenters are experienced clinicians and educators who provide education to the wider community, across many settings.

**For further information**, education requests and/or brochures, please contact us.

**Telephone** 1300 130 813  
**E-mail** training@epc.asn.au

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Palliative care. Living well every day.

[epc.asn.au](http://epc.asn.au) ☎ 1300 130 813



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## Introduction to Palliative Care

A short course for Personal Care Attendants



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# About the Course

This course aims to provide Personal Care Attendants (PCAs) working in aged care facilities, disability or other community care providers, with an introduction to palliative care.

It explores the comprehensive needs of people at the end of life and their families, and gives an overview of some common issues that confront clients and carers on a day-to-day basis.

The course incorporates guidelines for a palliative approach to care.

## Topics include the following

- Aims and Philosophy of Palliative Care/ Palliative Approach
- Advance Care Planning
- Common Palliative Care Symptoms
  - » Fatigue
  - » Pain
  - » Nausea and vomiting
  - » Bowel and urinary symptoms
  - » Breathlessness
  - » Nutrition and Hydration
- Grief and Loss
- Communication Skills
- Dying Process and End of Life Care

# 2019 Course details

## One day course

**Cost** \$175.00 per person [including GST]

Cost includes handouts of presentations, activity sheets, morning/afternoon refreshments & lunch.

**Course 1** Thursday 21 March 2019  
8.45am - 5.00pm

\* Registration by 5 March 2019

**Course 2** Thursday 12 September 2019  
8.45am - 5.00pm

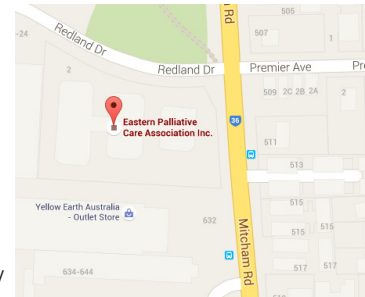
\* Registration by 29 August 2019

### Venue Details

Eastern Palliative Care  
Training Room  
1st Floor, Building 2  
630 Mitcham Road  
Mitcham Victoria 3132

Telephone 1300 130 813

Enter EPC via Redland Drive. All day parking available on Premier Avenue.



**A certificate of attendance is presented to each attendee on completion of the course.**

**\* No registration on the day**

Payment is required to confirm booking.

# Application Form

**Name\*** \_\_\_\_\_

**Address\*** \_\_\_\_\_  
\_\_\_\_\_

**Telephone\*** \_\_\_\_\_

**E-mail\*** \_\_\_\_\_

**Place of Employment\*** \_\_\_\_\_

**Please select course\***

PCA Course 1       PCA Course 2

**Total Due\***      \$ \_\_\_\_\_

**Method of payment\***

VISA       Mastercard       AMEX

Cheque/Money Order [payable to Eastern Palliative Care]

**Cardholders name** \_\_\_\_\_

**Company [if applicable]** \_\_\_\_\_

**Address [if different]** \_\_\_\_\_  
\_\_\_\_\_

**Credit Card number** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**Expiry date** \_\_\_\_\_ / \_\_\_\_\_

**Signature** \_\_\_\_\_

*Please let us know if you have any dietary requirements.*      \* required

**How did you hear about the course?\***  
\_\_\_\_\_

Please detach and return this section to

Eastern Palliative Care  
PO Box 2110  
Rangeview Victoria 3132